

Attendance Allowance

Attendance Allowance is money for people aged 65 or over who have care needs. You may have care needs if you need help with activities of daily living such as getting dressed, going to the toilet or having someone to look after you so you do not hurt yourself.

It could include help outside the home. It does not matter if no one actually gives this help, as long as you can show you need it.

You can have any type of disability or illness, including sight or hearing impairments, or mental health issues such as dementia.

Attendance Allowance does not cover mobility needs.

To claim Attendance Allowance you must have needed help with your care needs for at least **6 months**. (If you're terminally ill you can make a claim straight away.)

Age rules: You must be 65 or over

If you are aged under 65 – see the **Personal Independence Payment** page